

—Minnesota Coaches—



Coach Krystal Brodeen is currently the head women's basketball coach at Central Lakes College in Brainerd, MN. She recently completed her second season at CLC, leading the Raiders to a 17-7 record. The Raiders again had four student-athletes named to the MCAC All-Division Team for the 2023-24 season, and made to the semifinals of the Region 13 Tournament.

In her first year at CLC in 2022-23, the Raiders finished with a 14-7 record and were named the MCAC Northern Division Co-Champions for the first time since 1996-97. Four Raider women's basketball student-athletes were named to the MCAC All-Division Team including freshman Alyssa Torgerson, who was named the MCAC Player of the Year and a NJCAA All-American. Coach Brodeen was also named the MCAC Northern Division Coach of the Year.

Krystal graduated from North Woods High School in its inaugural year of 2012, where she lettered in both volleyball and basketball for 4 years. She went on to play both volleyball and basketball during her time as a student at Vermilion Community College, earning All-Academic awards and graduating in 2015. After graduating from Vermilion, Krystal went on to graduate from Bemidji State University with her Bachelor's degree in Business Administration Management in 2016. She also graduated from Concordia University Irvine with her Master's degree in Coaching and Athletic Administration in 2021.

Her coaching journey began in 2017 at her alma mater, Vermilion Community College, where she was the head coach for both volleyball and women's basketball. She coached her last VCC volleyball team, which included her first NJCAA All-American player, to the 2021 MCAC Regional Tournament - Vermilion's first appearance in over 20 years. During the off-season, Coach Krystal also helps direct youth camps for Pacesetter Sports and CLC Athletics, coaches AAU for Starks Elite/MINN Starks, and is an active member of PGC Basketball and the Women's Basketball Coaches Association. She is also currently the assistant athletic director and teaches at Central Lakes College.

Boys: Bill Engel, current head men's coach at Rainy River C.C.



Bill Engel, the head men's basketball coach at Minnesota North College - Rainy River, has led the Voyageurs to three consecutive MCAC Northern Division Titles and four titles in the last six seasons. He has been recognized four times as the MCAC Northern Division Coach of the Year and once as the Region XIII Coach of the Year.

In 2023-24 the Voyageurs were ranked as high as 4th in the nation, have compiled a 27-2 record, won the NJCAA Region XIII tournament, and are headed to Herkimer, NY for the National Tournament (March 13th-16th) where they are seeded 6th and are set to take on the 11th seeded Joliet Wolves.

Bill also serves as the Athletic Director and an HPED instructor on the MN North Rainy River campus; additionally, Bill has three children: Billy (30), Hunter (27), and Mia (18).

Recently, Bill has taken up ultra-cycling and will be racing (by bicycle) as a team with longtime friend, John Gill, in the Race Across America (California to New Jersey). Bill and John are racing to raise money for Disabled American Veterans - their goal is to raise \$30k for the DAV – Please visit the DAV website to donate to America's Best:

<https://support.dav.org/index.cfm?fuseaction=donorDrive.participant&participantID=12111>

Update: Rainy River advanced to the National NJCAA Tournament in Herkimer, New York.