

—Wisconsin Coaches—

Boys: Paul McDonald, retired head men's coach at Vermilion C. C.



Paul McDonald Minnesota Boys Coach The name “McDonald” is synonymous with Minnesota basketball. Paul played four seasons for his father, Bob McDonald, at Chisholm High School, winning two state titles while helping the Bluestreaks to a four-year record of 98-8. Paul left Chisholm for the college game (Nebraska and So. Dakota State) before starting his coaching career at the high school level in Cotton and Tower-Soudan.

He recently retired after his 29th season as head coach at Vermilion Community College, where he'd captured state, region, and district Coach of the Year honors. Paul, who had more than 500 career wins at Vermilion, was a two-time finalist for the NJCCA National Coach of the Year award. He's sent nine players to D1 basketball teams, has coached fifteen All-Americans, and has qualified for 23 straight State Tournaments, which is a record.

Paul is currently a St. Louis County Commissioner.

Girls: Tamara Moore, current head men's coach at Mesabi Range C.C.



Tamara Moore was born and raised in Minneapolis, Minnesota on April 11, 1980. She was a standout high school basketball player at Minneapolis North High School where she helped lead the Lady Polars to the 1998 State Championship and won the Ms. Basketball Award. She was ranked the #1 Small Forward and #15 Overall by Blue Star Index. Tamara was named to the 1998 Nike/WBCA All-American Top 20 Team. Finished her career at Minneapolis North as the leader in school history with points (2256), rebounds (1044), assists (530), and steals (577).

Tamara accepted a full-ride scholarship to the University of Wisconsin Madison where she helped lead the Badgers to the 2000 WNIT Championship and was named the 2000 WNIT MVP. In 2016, Tamara was named to the WNIT All-Time Top 20 Tournament Team. She finished her career as a 1600+ scorer and All-Time Leader in Assists &

Steals (records still held). In 2017 she was inducted into the Wisconsin Athletic Hall of Fame.

Tamara was drafted with the 15th overall pick to play in the WNBA. Over her six seasons, she played with the: Miami Sol, Minnesota Lynx, New York Liberty, Phoenix Mercury, Los Angeles Sparks, and Houston Comets. She also played six seasons overseas in Israel & France. Tamara is currently the Owner of a Semi-Pro Men's Team called TC Elite Basketball and TC Queen Elite where she served as the Head Coach.

In 2019, Tamara launched and is the CEO of the Hype Hoops League a semi-pro men's basketball league that houses 60 teams nationally with teams in Minnesota, Wisconsin, Iowa, Texas, Indiana, Kansas City, and many more markets that played their inaugural season in 2021. This past summer Tamara was able to coach with the Boston Celtics Summer League team.

Tamara has coached high school girls' basketball for seven seasons and now is currently the Head Men's Basketball Coach at Mesabi Range Community College in which she made history by becoming the First African American Woman to hold that distinction in the history of college basketball.